

# EXO-L ANKLE SPRAIN PREVENTION BRACE

Save your ankles from sprains once and for all with the EXO-L Ankle Sprain Prevention Brace, proven to prevent ankle sprains, exclusive to Masterton Foot Clinic.

Whether your ankle tends to occasionally roll and lead to a fall, you have regular recurring sprains, you have hyper-mobile ankles or ankle instability, or the activities or sports you're involved with place you at a higher risk of sprains – the EXO-L ankle sprain prevention brace is designed to be the perfect match for your ankles.



## PROVEN TO PREVENT ANKLE SPRAINS

The EXO-L is proven to prevent ankle sprains while maintaining a sleek, slim and intuitive design. For many, this means they may even **prevent the need for ankle surgery**, as the brace acts as an added external ligament, keeping the ankle in favourable positions for support and recovery while preventing further damage.

## CUSTOM DESIGNED FOR YOUR ANKLE

To prescribe your brace, we first carry out a careful and comprehensive assessment of your foot and ankle. Next, we 3D scan your foot and ankle. This means that the brace is made to **fit and function perfectly** for your ankle. As things change with your foot, ankle, or the activity you're doing, the brace can too. The straps are able to be tensioned for different levels of support depending on your activity.

Each brace has a world of experience behind it – literally. Your scans are carried out here at our clinic in Masterton, sent for design in Holland, printed in Australia, and arrive back with us where it is hand finished and fitted approximately four weeks later.

## NO BULK, ALL FUNCTION

The EXO-L differs from other braces as it's not bulky, clunky, rigid and doesn't weigh you down. Instead, it has a slim, smooth design that doesn't stick out or get in the way. It is also hard wearing and made to last. You can choose from 11 colours for your brace and have your name printed on it – or that of your sports team.



## WORKS LIKE A SEAT BELT

Just like how a seat belt fits snugly around your body, giving you full, free movement until a sudden movement occurs and it kicks in to protect you from harm – the EXO-L anti-sprain brace does the same.

The moment you're about to roll your ankle and painfully overstretch your ankle ligaments, which would cause a sprain, the brace kicks in. As it does, it cradles the ankle, stops it moving outside of the 'safe' zone, and offers full support and control to prevent ankle damage and pain.

## KEEPING YOU SAFE AT SCHOOL AND WORK

The brace isn't just for adults participating in sports – it is widely used to support children who are on their feet all day during and after school, retail workers, tradies, nurses and a range of professions that spend long days on their feet, those occupations that move over uneven ground like building sites – even us podiatrists here in the clinic.



Our Values – We:



love what we do



challenge the status quo



are stronger together



aim to continuously improve



do what we say, sometimes more, never less